

# The Effects of X Chromosome Loss on Neuroanatomical and Cognitive Phenotypes During Adolescence: a Multi-modal Structural MRI and Diffusion Tensor Imaging Study

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**The absence of all or part of one X chromosome in female humans causes Turner's syndrome (TS), providing a unique "knockout model" to investigate the role of the X chromosome in neuroanatomy and cognition. Previous studies have demonstrated TS-associated brain differences; however, it remains largely unknown 1) how the brain structures are affected by the type of X chromosome loss and 2) how X chromosome loss influences the brain–cognition relationship. Here, we addressed these by investigating gray matter morphology and white matter connectivity using a multimodal MRI dataset from 34 adolescent TS patients (13 mosaic and 21 nonmosaic) and 21 controls. Intriguingly, the 2 TS groups exhibited significant differences in surface area in the right angular gyrus and in white matter integrity of the left tapetum of corpus callosum; these data support a link between these brain phenotypes and the type of X chromosome loss in TS. We further showed that the X chromosome modulates specific brain–cognition relationships: thickness and surface area in multiple cortical regions are positively correlated with working-memory performance in controls but negatively in TS. These findings provide novel insights into the X chromosome effect on neuro-anatomical and cognitive phenotypes and highlight the role of genetic factors in brain–cognition relationships.**

**Keywords:** diffusion tensor imaging (DTI), gray matter morphology, magnetic resonance imaging (MRI), the X chromosome, Turner's syndrome, white matter connectivity

## Introduction

The X chromosome comprises ~4% of the human genome and has long been considered to play a crucial role in the development of the human brain and intelligence (Lehrke 1972; Turner 1996; Johnson et al. 2009). X-linked gene defects have been disproportionately found in various psychiatric disorders and particularly in mental retardation (Ropers and Hamel 2005; Skuse 2005). Genomic data demonstrated that a large number of X-linked genes are involved in postsynaptic protein coding, which is essential for neuronal plasticity and cognitive processes (Laumonnier et al. 2007; Swingland et al. 2012).

In healthy women with a standard karyotype (46XX), one of the 2 copies of the X chromosome is randomly inactivated to ensure the equal expression of X-linked genes with men (46XY), although a set of genes escapes this X inactivation (Carrel et al. 1999; Disteche 1999). Additionally, to match the expression level of the X-linked genes on the single X chromosome with those of the autosomal genes on the 2 copies, the

gene expression of the active copy of the X chromosome is up-regulated in human somatic tissues (Nguyen and Disteche 2006a,b). Intriguingly, this X-linked gene dosage compensation exhibited variations between tissues, leading to a higher global expression of X-linked genes in brain tissues than other tissues for both humans and mice (Nguyen and Disteche 2006a,b). The observed excess dosage in the brain further supports an essential role of the X chromosome in brain development and function. However, to date, empirical investigations on how the X chromosome influences brain structure and function remain scarce, particularly in humans.

A naturally occurring "knockout model" for studying the role of the X chromosome in human brain phenotypes is Turner's syndrome (TS), a disorder in female humans characterized by the absence of all or part of a normal second X chromosome (Sybert and McCauley 2004). TS occurs in ~1 per 2000 live female births and typically leads to aberrant physical in phetiluch8(ph447.a.8(60230.shobert59657.6(s)19.1(n)0(a)25.3(tur)20.e

patients or mixed the 2 types of TS patients. [Murphy et al.](#)

measured between the 2 surfaces at 40 962 vertices per hemisphere using the linked distance in the native space (Lerch and Evans 2005). The middle cortical surface, defined at the geometric center between the inner and outer cortical surfaces, was used to calculate the cortical surface area in the native space (Lyttelton et al. 2009). According to the automated anatomical labeling (AAL) template (Tzourio-Mazoyer et al. 2002), the cortical surfaces for each hemisphere were parcellated into 39 distinct regions (Fig. 1A). For each cortical region, the mean thickness and total area were calculated as the morphological measures.

#### *Volume of GM Sub-cortical Structures*

We quantified the volume of the sub-cortical structures. Specifically, the FMRIB Integrated Registration and Segmentation Tool (FIRST) was employed to yield a closed mesh for each sub-cortical structure in the native space (Patenaude et al. 2011), thereby defining each structure by segmentation and enabling subsequent volume calculation. Here, a total of 14 sub-cortical structures were calculated: bilateral thalamus, caudate, putamen, pallidum, hippocampus, amygdala, and nucleus accumbens.

#### *WM Diffusion Measures*

Diffusion-weighted images were processed with the PANDA pipeline toolbox (Cui et al. 2013). Briefly, PANDA called the modules of the FMRIB Software Library (FSL) to finish the skull-stripping, simple-motion and eddy-current correction, diffusion tensor/parameter calculation, and spatial normalization (Jenkinson et al. 2012). For analysis, the 2 most commonly used diffusion parameters, fractional anisotropy (FA) and mean diffusivity (MD), were chosen (Beaulieu 2002). Here, we conducted an analysis at the regional level using the White Matter Parcellation Map (WMPM) (Mori et al. 2008). Specifically, a total of 68 WMPM regions were chosen (Fig. 1B), including the “core white matter” as well as the reproducible blade-type white matter structures beneath the cortical gyri (Mori et al. 2008; Oishi et al. 2008). The remaining peripheral WM regions near the cortex were excluded because they are highly variable across individuals. For each WMPM region,

the mean FA and MD were calculated as the connectivity measures.

#### **Statistical Analysis**

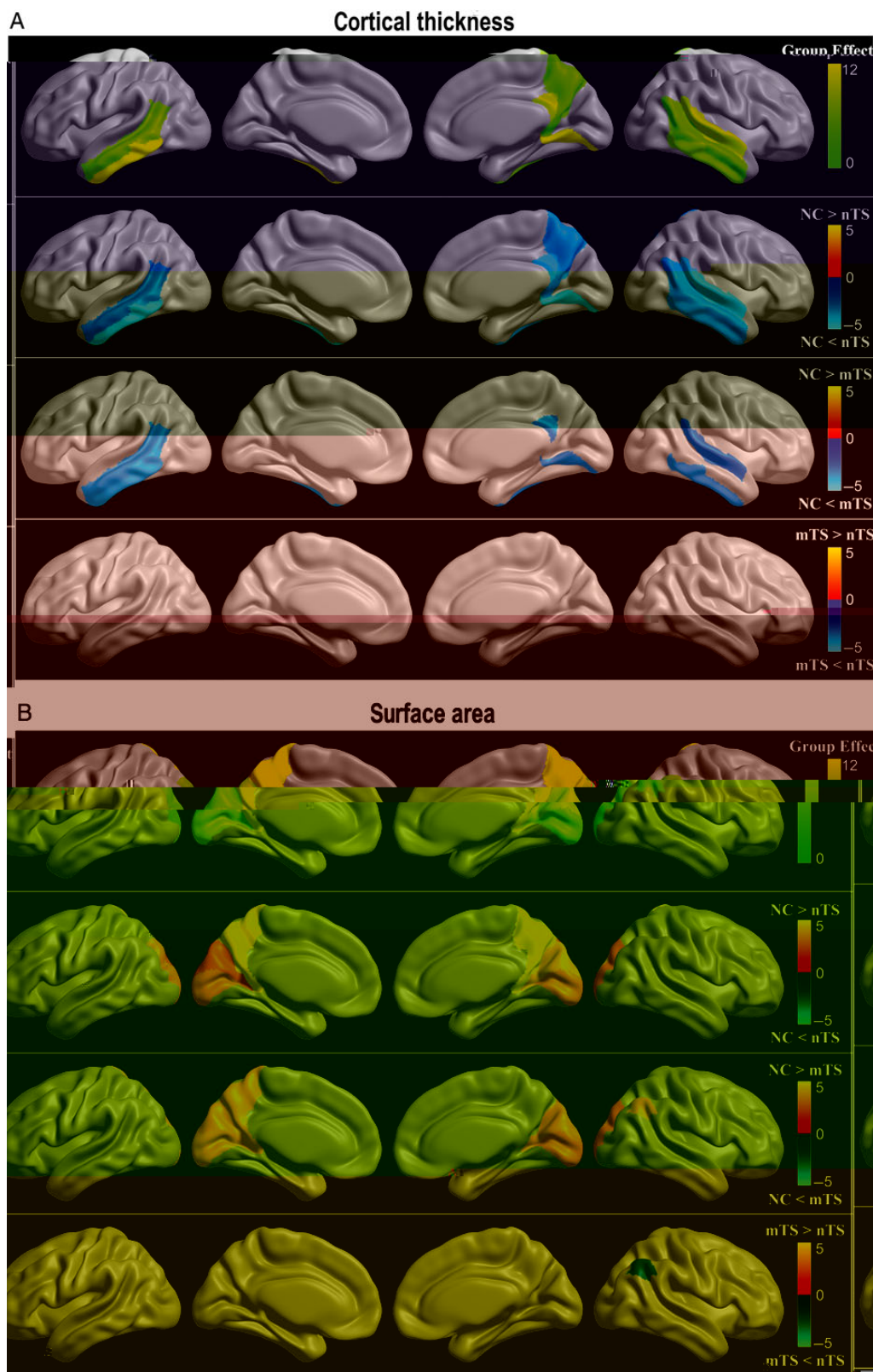
To assess the differences between groups in age and intelli-

To determine if the X chromosome modulates brain–cognition relations, we tested the “brain measure  $\times$  group” interaction on each of the cognitive items. This interaction represents the group difference in the regression slopes between the brain measures (e.g., cortical thickness, surface area, sub-cortical volume, FA, or MD) and cognitions. Additionally, all statistical models included age as a covariate, and the whole-brain volume was further included as a covariate for cortical thickness, surface area, and sub-cortical volume analyses. Similarly, to correct for multiple comparisons across different regions, the FDR procedure was applied for each brain measure, and  $q < 0.05$  was considered statistically significant.

Regarding the post hoc comparisons, the nonmosaic TS subjects had significantly lower IQ score values than the healthy controls (HC), with the exception of the VCI (Bonferroni corrected  $P=0.06$ ). The mosaic TS subjects scored lower than the HC on the FSIQ (Bonferroni corrected  $P=0.009$ ), PRI (Bonferroni corrected  $P=0.003$ ) and PSI (Bonferroni corrected  $P=0.002$ ). The 2 TS groups did not differ significantly regarding the 5 IQ scores. For the 2 math-related tasks showing a significant group

Regarding the cortical surface area, the repeated-measures GLM also showed a significant group effect ( $P < 0.001$ ), and the post hoc comparisons indicated that the HC had significantly larger surface area than both mosaic (Bonferroni corrected  $P < 0.001$ ) and nonmosaic TS subjects (Bonferroni corrected  $P < 0.001$ ); the 2 TS groups did not differ significantly (Bonferroni corrected  $P = 0.09$ ). As well, there was a significant “region  $\times$  group” interaction ( $P < 0.001$ ). The regional

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**Figure 2.** Cortical regions showing significant group differences in cortical thickness or surface area. (A) Cortical thickness; (B) Surface area. For both A and B, the first row represents the main group effect, and the next 3 rows indicate the post hoc comparison of HC versus nTS, HC versus mTS, and mTS versus nTS, respectively. In the first row, the color represents the  $F$  statistic for the main group effect. In the other rows, the color indicates the  $T$  statistic for the pair-wise comparison. HC, healthy control; nTS, nonmosaic Turner syndrome; mTS, mosaic Turner syndrome.



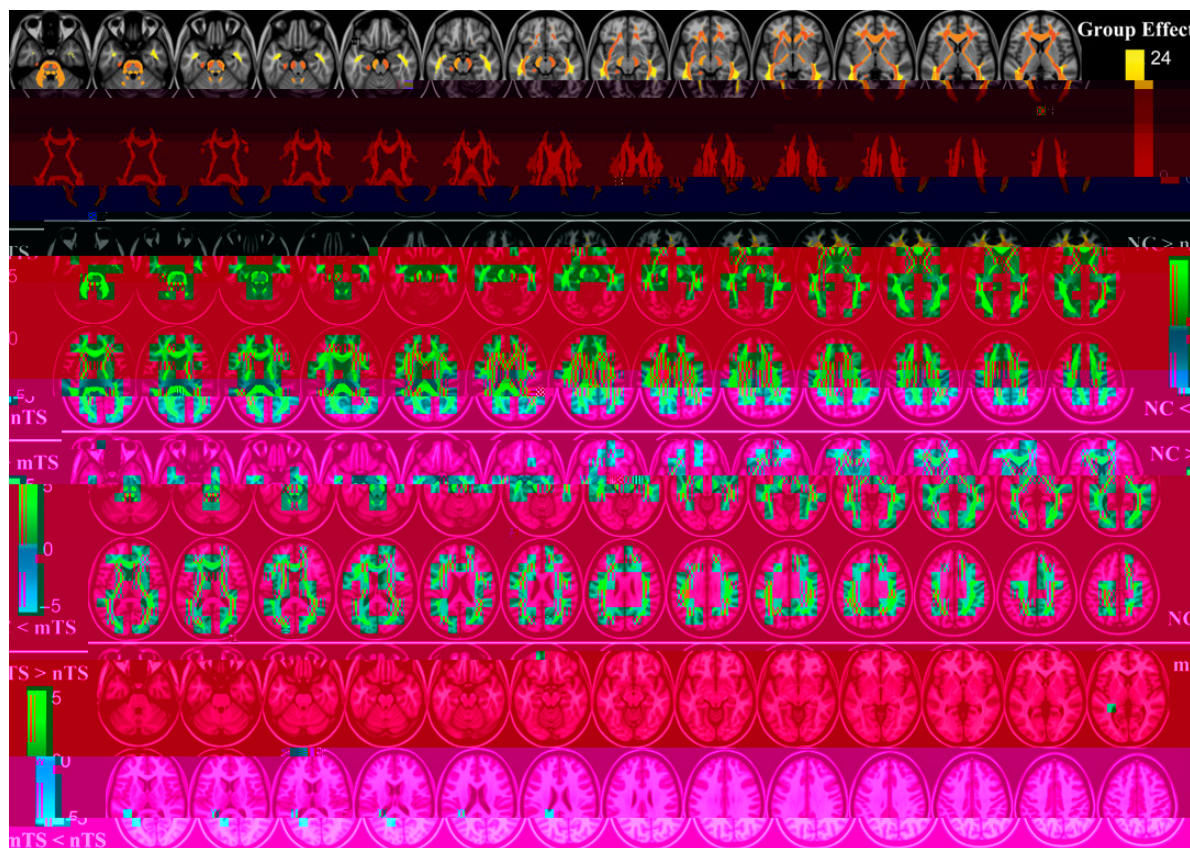
GLM analyses revealed significant group effects in 9 regions (FDR corrected  $P < 0.05$ ): left/right precuneus, left/right cuneus, left/right calcarine fissures and surrounding cortex, left/right superior occipital gyrus, and right angular gyrus (Fig. 2B and Supplementary Table 2). With the exception of the left superior occipital gyrus, right precuneus, and right angular gyrus, the HC had a larger surface area than both TS groups in the remaining 6 cortical regions (Bonferroni corrected  $P < 0.05$ ); no significant differences in these regions were found between the 2 TS groups. For the left superior occipital gyrus and right precuneus, the HC had a significantly larger surface area than the nonmosaic TS (Bonferroni corrected  $P < 0.05$ ) subjects, and the mosaic TS subjects did not differ from either the HC or nonmosaic TS groups in this regard. In contrast, for the right angular gyrus, there was no significant difference between the HC and nonmosaic TS subjects, both of which showed a larger surface area than the mosaic TS subjects (Bonferroni corrected  $P < 0.05$ ).

The repeated-measures GLM revealed a significant main group effect on the sub-cortical volume ( $P = 0.02$ ), and the post hoc comparisons found a significant difference only between the HC and nonmosaic TS groups (Bonferroni corrected  $P = 0.02$ ). However, no significant “region  $\times$  group” interaction was observed here ( $P = 0.11$ ), suggesting a diffuse effect of the X chromosome loss on the sub-cortical volume. Therefore, we did not perform further regional GLM analysis on each sub-cortical structure, separately.

### The X Chromosome Effects on WM Connectivity

First, the repeated-measures GLM revealed a significant main group effect on both FA ( $P < 0.001$ ) and MD ( $P < 0.001$ ). The post hoc comparisons found that the HC had a significantly higher FA and lower MD than both mosaic (FA: Bonferroni corrected  $P = 0.002$ ; MD: Bonferroni corrected  $P = 0.02$ ) and non-mosaic TS subjects (FA: Bonferroni corrected  $P < 0.001$ ; MD: Bonferroni corrected  $P < 0.001$ ), but the 2 TS groups did not differ. A significant “region  $\times$  group” interaction was found for FA ( $P < 0.001$ ) but not for MD ( $P = 0.76$ ). This implied that the effect of X chromosome loss was spatially localized for FA, but was spatially diffuse for MD. Consequently, separate GLM analysis was applied to each WPM region (68 in total) only for FA, and the results are summarized in Supplementary Tables 3. Specifically, FA showed a significant group effect in 45 WPM regions (FDR corrected  $P < 0.05$ ), as illustrated in Figure 3. Notably, among the WPM regions showing significant group effects, the strongest effect primarily involved the WM tracts/regions connecting or adjacent to the temporal, occipital, and parietal cortices. The top 5 regions with the greatest effect on FA were the left/right temporal blade, left/right occipital blade, and right superior parietal blade (Table 2).

Among the 53 WPM regions showing significant group effects on FA (FDR corrected  $P < 0.05$ ), the post hoc comparisons indicated that the nonmosaic TS group had a lower FA than the HC in 50 regions but showed a lower FA than the mosaic TS subjects in only the left tapetum (Fig. 3A). Additionally, the mosaic



**Figure 3.** WPM regions showing significant group differences in FA. The first row represents the main group effect, and the next 3 rows indicate the post hoc comparison of HC versus nTS, HC versus mTS, and mTS versus nTS, respectively. In the first row, the color represents the  $F$  statistic for the main group effect. In the other rows, the color indicates the  $T$  statistic for the pair-wise comparison. HC, healthy control; nTS, nonmosaic Turner syndrome; mTS, mosaic Turner syndrome.

TS subjects had a significantly lower FA than the HC in 35 of the 53 WMPM regions.

As a validation analysis, we additionally tested the main group effects on the cortical thickness/surface area at the vertex level and the FA/MD at the voxel level. As illustrated in Supplementary Figure 1, the results at the vertex/voxel level were highly convergent with the current findings at the regional level (Figs 2 and 3).

### ***X Chromosome Effects on the Brain–cognition Relationship***

To determine the effect of X chromosome loss on the brain–cognition relationship, the “brain measure  $\times$  group” interaction was tested for each of the cognitive items. A significant interaction here indicated a significant difference in regression slopes for the brain measures (e.g., cortical thickness, surface area, sub-cortical volume, FA, and MD) between groups. As listed in Table 3, there were significant “brain  $\times$  group” interactions (FDR corrected  $P < 0.05$ ) for 3 IQ scores (i.e., FSIQ, PRI, and WMI) but not for any of the math task scores. Specifically, we found a significant “thickness  $\times$  group” interaction on FSIQ in 3 cortical regions (right middle frontal gyrus, right superior dorsolateral frontal gyrus, and left rolandic operculum) on PRI in the right middle frontal gyrus and on WMI in 16 cortical regions (Table 3). Additionally, a significant “area  $\times$  group” interaction on FSIQ was also observed in the left middle temporal pole. No sub-cortical structures showed a significant “volume  $\times$  group” interaction on any of the cognitive scores, and no WMPM regions had a significant “FA  $\times$  group” or MD  $\times$  group” interaction. As illustrated in Figure 4 and Supplementary Figure 2, for the cortical regions with a significant “thickness/area  $\times$  group” interaction, IQ scores correlated positively with thickness/area in the HC group but negatively in the 2 TS groups. The patterns of the brain–cognition relationship were largely similar among the 2 TS groups.

Finally, to evaluate the effects of covarying the age and the whole-brain volume, we reran all analyses after excluding them from our statistical model when applicable. The results are highly consistent with our current findings (data not shown).

## **Discussion**

The significant “brain measure  $\times$  group” interactions for the cognitive scores

and parietal cortices. Together with cortical morphology findings, it appears that the loss of the X chromosome primarily influences the parietal-temporal-occipital neural system. However, it remains to be determined whether the abnormalities in GM and WM observed here are caused independently or have a causal relationship. Putatively, structural anomalies in both GM and WM should jointly underlie the abnormalities in functional activity and connectivity in TS patients (Molko et al. 2003; Hart et al. 2006; Bray et al. 2011, 2013).

The present study was the first to include mosaic TS patients as an independent group when studying cortical morphology and WM connectivity; this method enabled the testing of the “X chromosome dosage effect” on these brain measures. As proposed previously (Murphy et al. 1993, 1997), a significant difference between mosaic and nonmosaic TS indicates an “X chromosome dosage effect”, which suggests a phenotypic dependence on the X chromosome dosage. The lack of such a dosage effect implies a binary/categorical consequence of X chromosome loss, reflecting nonspecific anatomical responses to genomic effects of altered X chromosome dosage.

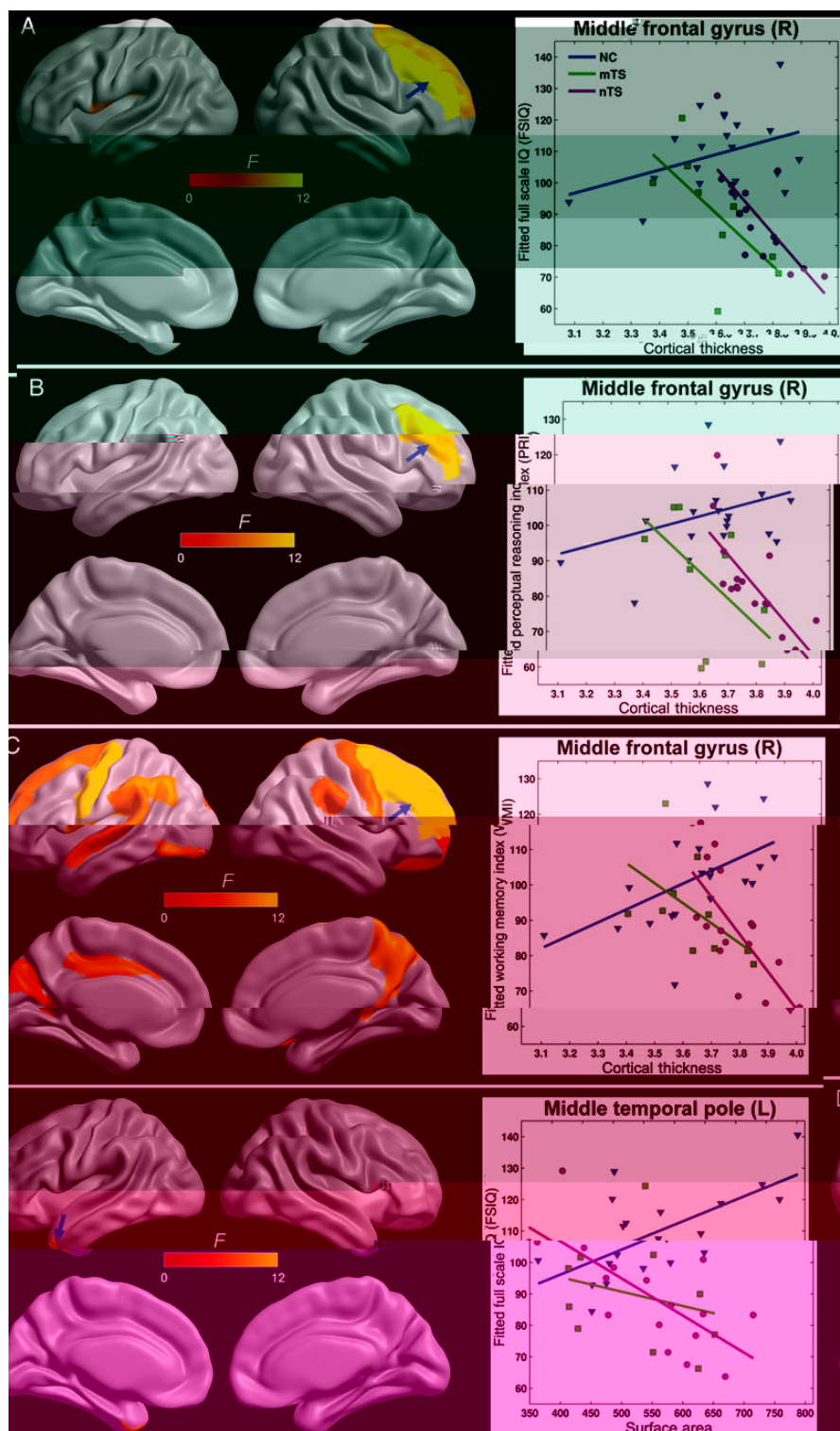
was unexpected to some degree: the surface area of the right angular gyrus in the mosaic TS subjects was smaller than those of both the control and nonmosaic TS subjects. This finding suggests that neuroanatomical changes do not necessarily follow a monotonic pattern as the X chromosome loss increases. In contrast, the surface area of the left superior occipital gyrus in the mosaic TS subjects was intermediate between that of the control and nonmosaic TS; this finding was compatible with a linear function of the X chromosome dosage and brain structure in this scenario. Given its significant role in visuo-spatial processing (Kesler et al. 2004), the smaller area of the left superior occipital gyrus may relate to the less severe visuo-spatial impairment in mosaic TS compared with non-mosaic TS (Rovet 2004).

Among the WM measures, only the FA of the left tapetum of corpus callosum exhibited an “X chromosome dosage effect”: the nonmosaic TS group showed a decreased FA compared with the mosaic TS group. This suggests a positive effect of the X chromosome dosage on WM integrity. Given the X dosage effect on the corpus callosum, an inferior interhemispheric communication was expected in nonmosaic TS, which may be associated with worse performance in most cognitive tasks compared with mosaic TS (Rovet 2004).

Finally, it should be noted that [Murphy et al. \(1993\)](#) reported “X chromosome dosage effects” on the lenticular and thalamic nuclei volume, which the present study failed to detect. These discrepant results may be due to the differences in the age range of samples (adults vs. adolescents), neuroimaging acquisition techniques or methods of analysis.

Intriguingly, the current study observed significant changes in the relationship between cortical morphology and IQ scores in specific cortical regions, as indicated by significant “cortical thickness/surface area  $\times$  group” interactions for the IQ scores. These results suggest that some genes on the X chromosome





**Figure 4.** Cortical regions showing significant brain  $\times$  group interactions on the cognitive scores. (A) The regions showing cortical thickness  $\times$  group interactions with regard to FSIQ. (B) The regions showing cortical thickness  $\times$  group interactions with regard to the PRI. (C) The regions showing cortical thickness  $\times$  group interactions with regard to the WMI. (D) The regions showing surface area  $\times$  group interactions with regard to FSIQ. The color on the cortical regions represents the  $F$  value for the corresponding interaction. Due to limited space, the scatter plot was provided only for the region with the most significant interaction. The selected region is indicated by the blue arrow on the surface. The scatter plots for all significant regions are present in Supplementary Figure 2. FSIQ, full scale IQ; PRI, perceptual reasoning index; WMI, working-memory index.

may act as modulators in the brain–cognition relationship. Note that the alteration of the brain–cognition relationship does not necessarily mean a significant group change in brain measures

and vice versa. This finding is of particular implication for cognitive studies, in which the same brain–cognition relation is typically presumed across both healthy and patient populations.

Specifically, the majority of detected differences in the brain–cognition relationship between TS and controls are between cortical thickness and the WMI of the IQ test. The alterations of the thickness–WMI relationship were primarily located in the association cortex (locations such as the right middle frontal gyrus, right superior dorsolateral frontal gyrus, and left inferior parietal gyri, most of which have been previously reported as related to working memory) (Baddeley 2003). We also observed changes in the thickness–FSIQ relationship in the right middle frontal gyrus, right superior dorsolateral frontal gyrus, and left rolandic operculum, which are likely attributable to the detected changes in the thickness–WMI relationship in these regions (given the substantial contribution of WMI to the FSIQ score).

In healthy girls, both the cortical thickness and surface area showed a positive correlation with IQ; this finding was compatible with previous IQ studies (Shaw et al. 2006). However, these relationships were consistently reversed in both the mosaic and nonmosaic TS patients: the IQ scores increase with reductions in thickness. This negative correlation in TS patients is compatible with the group differences between TS patients and controls (where TS patients had an increased thickness but a decreased IQ score). The direction of the brain–cognition relationship did not differ between the mosaic and nonmosaic TS subjects, though the slopes differed in a couple of regions, such as the left middle cingulate gyrus. The dramatic alterations in the brain–cognition relationship due to X chromosome loss highlight the necessity of taking the brain–gene interactions into account when predicting human cognition abilities (Schmidt et al. 2009). Particularly, more attention should be paid to the role of genetic factors on the brain–cognition relationship in the context of understanding cognitive profiles of brain diseases (especially the genetic ones).

#### **Direct Genetic Effect or Indirect Hormonal Effect**

X-linked genes are known to affect the brain at least in 2 ways: by directly acting on the brain and by indirectly acting on the gonads to induce differences in specific gonadal secretions (i.e., hormones) that have specific effects on the brain (Arnold 2004). To isolate the direct genetic effect from the indirect hormonal effect, one possible approach is to ensure identical hormonal levels across individuals with different X-linked genotypes. However, hormonal deficits due to gonadal dysgenesis are extremely common in TS; therefore, in our case, it is difficult to differentiate between the direct genetic effect of the X chromosome and the indirect hormonal effect on the brain. Our observed neuroanatomical and cognitive phenotypes in TS patients could be due to a direct genetic factor, an indirect hormonal factor, or a combination of the 2.

Although identical hormone levels between adolescent TS patients and healthy controls are difficult to achieve in practice, a suboptimal alternative is to match the pubertal stage, as an approximate for the sex hormone level, between groups. Unfortunately, despite of the age range from 9 to 18 years, the majority of TS patients in the present study were at the prepubertal stage (i.e., pubertal stage I) because spontaneous puberty development is very rare in TS girls (Pasquino et al. 1997; Bannink et al. 2009), and most of our TS patients did not undergo ER to artificially induce puberty development.

Nonetheless, we reanalyzed the data with only subjects at the prepubertal stage (age: 9–12 years), including 8 controls, 8

nonmosaic, and 3 mosaic TS patients. This additional analysis approximately ensured the matching in both age and pubertal status between the TS patients and controls. Intriguingly, the spatial patterns of statistical results for the pre-pubertal stage (data not shown) are largely similar with those from the entire cohort, favoring a direct genetic effect for our current findings. A larger cohort matching for both age and pubertal status between TS patients and controls is desired to confirm our findings in the future.

While animal models are essential to dissociate the genetic and hormonal effects (Arnold and Chen 2009; Raznahan et al. 2013), other human MRI studies have also provided important clues on this issue. For example, cortical thinning of the temporal cortex has been found in 47XXY men compared with 46XX women and 46XY men (Savic and Arver 2014). This finding is reciprocal to the comparatively thickening temporal cortex found in 45XO girls. Given that the sex steroids are low in both 47XXY males and 45XO females, a direct genetic effect on the thickness of the temporal cortex is more likely. Moreover, the observed neuroanatomical differences between the nonmosaic and mosaic TS patients (i.e., “X chromosome dosage effect”) imply a direct genetic effect: both TS had gonadal dysgenesis but had different amounts of the X chromosome (Murphy et al. 1997).

However, a few studies have also demonstrated significant correlations between hormone levels and neuroanatomical phenotypes such as the GM volume of the amygdala and parahippocampus (Lentini et al. 2013). Particularly, in summarizing MRI findings of the human brain, a recent review found consistent changes of the medial temporal lobe structures among different endocrine disorders with either sex steroid excess or deficiency (Mueller 2013), therefore supporting an indirect hormonal effect on related brain structures rather than a direct genetic effect.

#### **Limitations**

Finally, a few caveats need to be addressed. First, despite the scarceness of TS patients and a narrow age range limit, we collected a relatively large number of samples compared with other TS studies. However, the absolute sample size remains small. Additionally, the mosaic TS group had fewer samples than the other 2 groups, resulting in a difference in the statistical power between post hoc pairwise comparisons. Further, mosaic TS patients with similar proportions of cells missing the entire second X chromosome are difficult to match, given the limited number of volunteers available. Therefore, our current mosaic group was heterogeneous in terms of the cell proportion. Furthermore, while the mosaicism was confirmed using a peripheral blood sample, it remains unknown if a detected mosaicism in the blood can indicate a mosaicism in brain. Third, factors such as GH use, ER treatment, and X-linked imprinting may also influence the brain structures in TS (Kesler et al. 2003; Cutter et al. 2006; Lepage, Clouchoux, et al. 2013; Lepage, Hong, et al. 2013; Lepage, Hong, et al. 2012). Due to the limited sample size and the lack of related information, it is not feasible to evaluate their effects in the present study. Future studies with a large sample size are warranted to test these potential confounding factors. Lastly, by design, the present study focused on a limited age range of adolescence, which provides a valuable opportunity for understanding the X chromosome effects on the brain and cognitive

development. Caution should be exercised when extrapolating these findings across the entire life span.

## Conclusion

By showing differences between mosaic and nonmosaic TS patients, the present study revealed “X chromosome dosage effects” on cortical surface area and WM connectivity, supporting a link between the brain structural phenotypes and the type of X chromosome loss. Furthermore, the relationship between the cortical morphology and WMI exhibited dramatic alterations in both TS patient types in specific regions, suggesting that the X chromosome modulates specific brain–cognition relationships. These novel findings provide new insights into how the X chromosome affects the human brain, and suggest an important role of genetic factors in brain–cognition relationships.

## Supplementary Material

Supplementary material can be found at: <http://www.cercor.oxfordjournals.org/>.

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## Notes

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